

# HULDA FOUNDER OF FAFU DRESSING UP CLOTHING





# Trip Rules

#### INTERNATIONAL PLAY ICELAND TRIP

- 1. Have an incredible time.
- 2. Be ready to learn & share.
- 3. Absolutely make friends.
- 4. If in doubt...ask.
- 5. Try new things....life's an adventure.
- 6. Believe in yourself, you can make a difference.
- 7. Have FUN.

PLAY ICELAND

## Welcome

TO ALL THOSE ATTENDING INTERNATIONAL ICELAND 2017



### Welcome & thank you

From - Tom Shea and the IPI team

So a very big warm welcome to International Play Iceland 2017.

We can't thank you enough for taking the plunge and joining this remarkable adventure and truly hope that you embrace every moment as we have since International Play Iceland began.

We decided to organise these week long trips in order to spread our message and keep the movement growing. We focus our tours to play based settings and schools in hope of gaining more knowledge and experience in that area from seeing how other settings approach that style of learning.

These tours have been proven to be some of the most influential and enlightening times of many of our participants careers, it is a chance to open up to new ideas and in some cases a reminder that you are on the right track and are doing a good job!

IN CASE YOU NEED TO CONTACT TOM SHEA DURING THE TRIP

TEL: 07831-635802 (UK) TEL: + 354 - 7831-635802

IN CASE YOU NEED TO CONTACT LINDA FARE DURING THE TRIP

TEL: +354 - 7989-165990

YOUR HOTEL DETAILS

FOSSHOTEL REYKJAVÍK ÞÓRUNNARTÚN 1, 105 REYKJAVÍK TEL. +354 531 9000

## Our Mission



International Play Iceland is an organic entity increasingly committed to bringing together excellence in practice, knowledge and the passion to want to grow a movement that will test and challenge the absurdity of putting children into education at a younger and younger age.

The seed was a commitment to open ended resources - from both Tom and Hulda, sharing that knowledge based upon the Icelandic culture and their approach, not only to education, but also the way lifestyle affected the way in which their children were treated. The risks and challenges, the encouragement for them to think and learn for themselves, the passive role of the pedagogist and parents/carers and the effect that has obviously had.

Iceland is a land of creative and tolerant demanders and dreamers. The obvious effect can be seen in the art, recreation, design, technology and therefore their approach to education are there to be observed.

With this, our fifth adventure and now a far more International grouping, we are less about changing the way we work with young children, it's about how we THINK about children. The standards we set will be the standards of tomorrow.

So as you come and join International Play Iceland for the first time, or the second, or third, we hope we can create an opportunity for you to join together and share and consider what this strange adventure called Early Years is really all about.

## A little history

Iceland is a truly magical place, with a culture and a country that needs to be seen to be believed. So welcome to that journey.

After coming together as two like minded individuals with a passion for positive brain development, Hulda and I decided to bring others in to the conversation. Some young learners and some like minded people and so began Play Iceland in 2013.

Hulda's heritage, passion and knowledge for Iceland and the importance of play shone through.

To get like minded people together in the environment of Iceland gave an opportunity to explore and expand thinking. If you are looking for a different way of thinking and working with children and their development, or to endorse some of your own thinking, we believe Iceland is a great place to be and to learn from each other.



This year we are delighted to welcome more people from a larger geography – Australia, the USA, England, Switzerland, Canada alongside our growing body if Icelandic colleagues and friends.

Great practice is being shared and honed in a new and exciting way. So....Play Iceland is a 6 day adventure exploring Icelandic nursery settings and culture. It is an international event where practitioners have the opportunity to connect across continents and create professional bonds that fuels their passion for the years to come.

We will always miss Hulda and her modest dynamism, but take the skills, attitudes and ethos that she showed us in past years, and make 2017 a truly inspiring and creative Play Iceland date.



## Tom Imaginator / Fafunian

tomefafunia.com www.internationalplayiceland.com



#### SUNDAY OCTOBER 22ND 2017

## FLY TO ICELAND

DEPART FROM LONDON LUTON AIRPORT 06:15AM









### **SOMETHING SPECIAL AFTER LANDING**

So we land in Iceland... it's bright and early but buzzing with excitement we head straight to the infamous Blue Lagoon to settle the travel nerves and enjoy a bit of relax before the week starts.... Then lunch in their amazing restaurant – and off to the 4 star hotel in the centre and a chance to unpack and prepare for a local evening meal..

#### **GOOD-TO-KNOW**

The water temperature is generally between 37-40°C (98-104°F).

The lagoon contains 9 million litres of water.

The water is self-cleansing – it renews itself every 40 hours.

Blue Lagoon is mostly ca. 0.8-1.2 metres deep. Its deepest point is 1.4 meters.

## **MONDAY 23RD**

Our tradition has always been to organise our tour into small groups that go out to a range of nurseries and pre-schools and spend the day experiencing their open ways of working. It's wonderful chance to engage, absorb, learn, share and soak in the Icelandic ways.

In the evening the group will be eating out where we can all catch up from the days events.



Monday evening we'll all be together to experience a real working shop – GAMES – Spilivanir is a collection of games experts who really care about how we can socialise and work together.

Oh and not forgetting a nice meal out together.





### TUESDAY 24TH OCTOBER

Small groups again to a different space and then a workshop to share experience.

After supper (and all suppers are chosen by **Disa** our Icelandic hostess – not fast food!) A chance to get to bed early as the 25th LOOMS **LARGE**.



## 25TH OCTOBER

Off to see a bit of the amazing land that supports these amazing people (where else would engineers divert roads to avoid the Trolls homes?)



Then to Linda and Daniel – at Krukka www.krukka.is for an unimaginable experience (so let's imagine) a night in the wilds – 200 metres from the sea – 200 metres from a mountain.



### A TRULY MAGICAL PLACE

A huge open barn – a huge open field – eating out – playing together hosted by Linda – Shaman and stunning philosopher... with some sleep spaces for those who get too tired in converted bendy buses. Not forgetting that we are not in the city so the sky will be available to us....

And who knows what we may see.

## 26TH OCTOBER



Early up and off to the hotel for showers and change... but not too long.

Story tellers from the world of Iceland and England - and any of us that want to join in - will host a morning of storytelling WITH children from Iceland - hopefully as much story making as story telling.









## LUNCH IN THE OLDEST BUILDING IN REYKJAVIK

### AND THEN AFTER LUNCH....



Then a seminar again for people from Iceland to hear from Erin, Niki, Teacher Tom.

All others can watch or spend a few hours in the centre of Reykjavik.

Finale Supper and music from a local band to hear the music of Iceland...



### Friday 27th October

IT DOESN'T HAPPEN WITHOUT, SO THANK YOU

Bleary eyed trip to the airport after a {=== hearty breakfast.....

All with people from USA, Canada, Switzerland, Australia and UK with a common thread – a passion for children.

Were going on an adventure....







International Play Iceland
originated in
(You guessed it...)
Iceland. We believe that
Iceland is a truly magical
place that needs to be
seen to be believed!

The idea behind
International Play Iceland
came from two like
minded individuals with
passions for positive brain
development. Their ideas
and passion blossomed
into life when they
created Play Iceland in
2013.



#### 1. Urdarhóll

Urdarhóll have taken part in Play Iceland for a few years now.

Urðarhóll's educational philosophy is based on a healthy and balanced lifestyle emphasizing exercise, nutrition and creativity. There is a lot of outdoor activities every day, involving both free play and trekking to nearby nature sites (such as the beach). We also have an indoor area designed for sports, dance and climbing, which is constantly in use by the children. Music and the arts are valued highly as a means of learning and self-expression. The teachers believe a child's confidence in itself and its physical abilities affects its ability to communicate, connect with others and to learn through play. Giving each child a freedom of choice to follow its own path of development is believed to be of core importance at Urðarhóll.

Link to school: urdarholl@kopavogur.is

#### **GROUP E**

MONDAY 23RD OCTOBER ERIN KENNY - USA CATH McEWEN - AUSTRALIA KEELY BURTON - UK LEE VARNHAM - UK

#### **GROUP A**

TUESDAY 24TH OCTOBER VIKI HARTOG - AUSTRALIA TERESA ASHFORD- USA GEORGINA ELSOM - UK LOUIS POOLE - UK

#### 2. Stekkjarás

Stekkjarás have taken part in Play Iceland for a few years now.

The ideas of the child, today's project" is what educators at Stekkjaras keep in mind in their daily work. They find it important to support each child's abilities and interests with including them in decision making. As the Reggio Emilia philosophy indicates, Stekkjaras looks at environment as having the role of the third teacher. They aim to offer the children a diverse and encouraging surroundings. Stekkjaras looks at play as a core importance in everyday life and should be given enough space. It is through play that children learn to understand the world around them, communicate their ideas, feelings and experience and understand perspectives of others. Stekkjaras uses their surroundings to create opportunities for exploring and playing in nature.

Link to school: stekkjaras@hafnarfjordur.is

#### **GROUP B**

MONDAY 23RD OCTOBER

TAYLOR BETH WAPELHORST - USA

JAMES EDWARD KERR - UK

NICOLA FEHLMANN - SWITZERLAND

#### **GROUP D**

TUESDAY 24TH OCTOBER

KARRIE KORROCH - USA

LENORE HAMILTON - AUSTRALIA

PHILIP DAVID KINGSLEY-ELTON - UK

#### 3) Adalthing School

Adalthing preschool is located in a fairly new suburb of the town Kopavogur. The location is close to an ancient location for the first known parlament in Iceland, this was before the year 930 when the grander location at Thingvellir was established as the Parlament of Iceland. This history plays an important part in the identity of the preschool Adalthing. The curriculum and the environment strives for democracy for all, teachers and children. The goal of daily life in the preschool is to empower children to have a say in their life, to live fully, play and be happy. The school has established a thoroughly pondered mealtime policy. The food at Adathing is clean and as local as possible with fresh ingredients and all meals are made from scrach. But above all, we believe that the quality time of eating with your friends is as important (if not more) as the nourisment of the food.

School webpage: http://www.adalthing.is/is
Helga is a teacher at Adalthing and a part of the Play Iceland family. Her e-mail is:
helgahrei@gmail.com

#### **GROUP C**

MONDAY 23RD OCTOBER CHRISTINA DORANDO - USA CHRISTIE MAXWELL - AUSTRALIA CATHERINE MILLER - UK

#### **GROUP F**

TUESDAY 24TH OCTOBER SARAH HILLIARD - CANADA HEIDE RATJE- AUSTRALIA EMMA LOUIS JACKLIN - UK

#### 4. Krikaskóli

In a small village in Iceland the local community decided to try a new idea. What would happen if they made a school for 1 - 9 year old's, instead of the traditional 1-5 preschool, 6-12 and 13 - 16 elementary level. What happens if you take the culture and education of the preschools, where play and abstract work with art and elements is common, and merge it with the old traditions of the elementary school? You will get Krikaskoli.

Krikaskóli is built as an integrated preschool and elementary school for children from the age of 1-9 years old. The ideology behind the school, the building and school grounds were all designed as a whole to support and strengthen its academic work. The ideology is based on constructionism, an educational theory which assumes that knowledge is a product of the meaning each individual creates out of their experiences. The educational environment is then coherent, multifaceted and genuine for children that develop their own knowledge. The school centres around the idea of "a School for everyone" and the group has many diversities. There is a strong belief that all our children need to be able to participate in every activity. Therefor the planning must be accessible to all the children with every imaginable need.

Link to school: http://www.krikaskoli.is/

#### **GROUP G**

MONDAY 23RD OCTOBER
PAULA ESPINOZA IGNES - USA
CHARLOTTE RUTH PARKER - UK
TOM HOBSON - USA

#### **GROUP B**

TUESDAY 24TH OCTOBER

TAYLOR BETH WAPELHORST - USA

JAMES EDWARD KERR - UK

NICOLA FEHLMANN - SWITZERLAND

#### 5. Ugluklettur

This is the first time Ugluklettur has participated.

Ugluklettur is a preschool, located on the outskirts of Borgarnes, a village of 2000 inhabitants. It has developed an educational vision build on the ideology of positive psychology as well as Mihaly Csikszentmihalyi's theories about flow. Located by the sea, Ugluklettur finds it important to encourage play and learning in nature and has developed a toolbox for outside learning they call the adventure chest. They also have access to a house in the center of the village which 4-6 year old children spend time regularly for the purpose of exploring and getting to know their community better.

Schools webpage: http://www.ugluklettur.borgarbyggd.is/ Kristín is the principle at Ugluklettur. Her e-mail is: kristing@borgarbyggd.is

#### **GROUP H**

MONDAY 23RD OCTOBER
CHRISTINE JACKLYN HAGERUP - USA
NIKI BUCHAN - AUSTRALIA
LUCY WARWICK - UK

#### **GROUP E**

TUESDAY 24TH OCTOBER
ERIN KENNY - USA
CATH McEWEN - AUSTRALIA
KEELY BURTON - UK
LEE VARNHAM - UK

#### 6. Krókur

This school is also participating for the first time.

Krókur preschool is located in Grindavik, a fishing village of 3.000 inhabitants. The school points of emphasis all aim to support a child's health and wellbeing. Nutritional diet is of importance, worked out by a nutritional expert.

Spontaneous play as a foundation of learning is central in inside and outside learning. Environmental education is centered around nature, where children learn to be in nature, explore it, respect it and enjoy it. Emotional health is supported with care and gentleness. Using yoga, meditation, breathing and giving attention to feelings emphasis are always on growing the sense of compassion and self love. Krókur has a local eco-certification for their efforts for environmental education and sustainability.Linkur á skóla: http://krokur.skolar.is/Hulda is the principal at Krókur. Her e-mail is: krokur@skolar.is

#### **GROUP A**

MONDAY 23RD OCTOBER
VIKI HARTOG - AUSTRALIA
TERESA ASHFORD - USA
GEORGINA ELSOM - UK
LOUIS POOLE - UK

#### **GROUP G**

TUESDAY 24TH OCTOBER
PAULA ESPINOZA IGNES - USA
CHARLOTTE RUTH PARKER - UK
TOM HOBSON - USA

#### 7. Dalskóli

This school is also participating for the first time.

Dalskóli is a school for children aged 2-16 years old split in three separate but connected parts, preschool, elementary school and afterschool program. The school is located in a growing neighborhood with numbers of children threefolding on just a few years. Dalskóli preschool values art and creativity and strives to interact with the cultural life of Reykjavik. It cooperates with the community to give children insights into music, dance and different ways of expression. Outdoor play and experience are valued as well as good communication with parents. The gap between preschool and elementary is closed by mixing these groups together, giving the oldest preschool children opportunity to experience the elementary school environment as well as giving the new elementary students space and time to adjust to a new school.

Dalskóli has a local eco-certification for their efforts for environmental education and sustainability.

Link to school: https://dalskoli.is/#!IMG\_7002 Sigrún Ásta is the principal at Dalskóli. Her e-mail is: sigrun.asta.gunnlaugsdottir@rvkskolar.is

#### **GROUP F**

MONDAY 23RD OCTOBER SARAH HILLIARD - CANADA HEIDI RATJE - AUSTRALIA EMMA LOUISE JACKLIN- UK

#### **GROUP C**

TUESDAY 24TH OCTOBER
CHIRSTINA DORANDO - USA
CHRISTIE MAXWELL - AUSTRALIA
CATHERINE MILLER - UK

#### 8. Mánagarður:

This school has participated a few times before on the Play Iceland adventures
Mánagarður is a preschool for children aged two to six. It is located on campus and most of the
children are children of university students. Mánagarður has 68 full-day spaces and four
departments. In 2008 we became interested in the HighScope approach and sent two teachers to
do their HighScope training at The HighScope Educational Research Foundation in Ypsilanti, USA
and are certified HighScope trainers and teachers. The core of HighScope is active learning and
we know that children learn through play so we value it very much and give our children a lot of
time to play, both inside and outside.

Link to school: http://managardur.leikskolinn.is/ Soffía is the principal at Mánagarður. Her email is soffia@fs.is

#### **GROUP D**

MONDAY 23RD OCTOBER

KARRIE KORROCH - USA

LENORE HAMILTON - AUSTRALIA

PHILIP DAVID KINGSLEY-ELTON- UK

#### **GROUP H**

TUESDAY 24TH OCTOBER
CHRISTINE JACKLYN HAGERUP - USA
NIKI BUCHAN - AUSTRALIA
LUCY WARWICK - UK













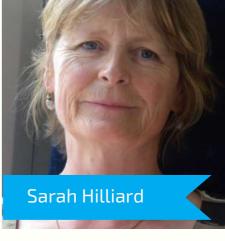
















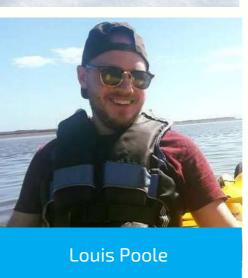


































Play Iceland 2017

### INTERESTING FACTS ABOUT ICELAND

1. Icelandic babies are left outside to nap in freezing temperatures. It is not uncommon to see a pram outside a coffee shop parents crabbing a cup while the baby sleeps. Or to see one outside of a home as many Icelandic babies nap outside at least once a day, no matter the season.

**2.** Iceland is a nation of book worms. There is a term in Icelandic called jólabókaflóð, the Christmas book flood. It refers to the great number of books published before Christmas, as books are popular Christmas presents.



3. Beer was illegal in Iceland until 1989.



- **4.** Alþingi, the Icelandic parliament was founded in 930 and is one of the oldest in the world.
  - **5.** Icelandic people love eating ice cream even though temperatures are well below zero.
- **6.** Icelandic people are no less fond of swimming pools and outdoor hot tubs in the freezing cold. As they are filled geothermal water they are warm great for relaxing. Or splashing around..
- **7.** There are volcanic eruptions every few years in Iceland. Most of which are small and magnificent to look at from afar
- **8**. Nearly all of Iceland's heating and electricity needs are served by hydroelectric power and geothermal water reserves.
- **9.** There are no mosquitoes in Iceland. There are in fact very few insects that can do much more to bother a person than simply existing.
- **10.** Iceland's capital Reykjavik, is the northernmost city of any sovereign state in the world. It doesn't get that cold though. Average temperature in Reykjavik in January is just about the same as in New York.
- **11.** Icelanders don't have surnames in the traditional sense. The vast majority of Icelandic surnames simply record the fact that you are your father's (or mother's) son or daughter. First names are almost always used when addressing someone, no matter how formal the meeting. Even the phone book lists subscribers by their first name
- **12.** More on names. There are strict laws on what names are allowed in Iceland, the point is to preserve Icelandic language. All names not previously accepted must go before the Icelandic Naming Committee, which either allows them if they abide to the laws on Icelandic names, or rejects them, forcing parents to find another name for their child.



- **13**. The English word "geyser" comes from the name of the great geyser, Geysir in Haukadalur, South Iceland.
  - **14**. There is no railway system of any sort in Iceland.
  - **15.** Iceland has only waged one war, and it can barely be called war. Its name is Þorskastríðið, The Cod War, it was a dispute between Iceland and the UK over fishing grounds in 1960s and 70s.

